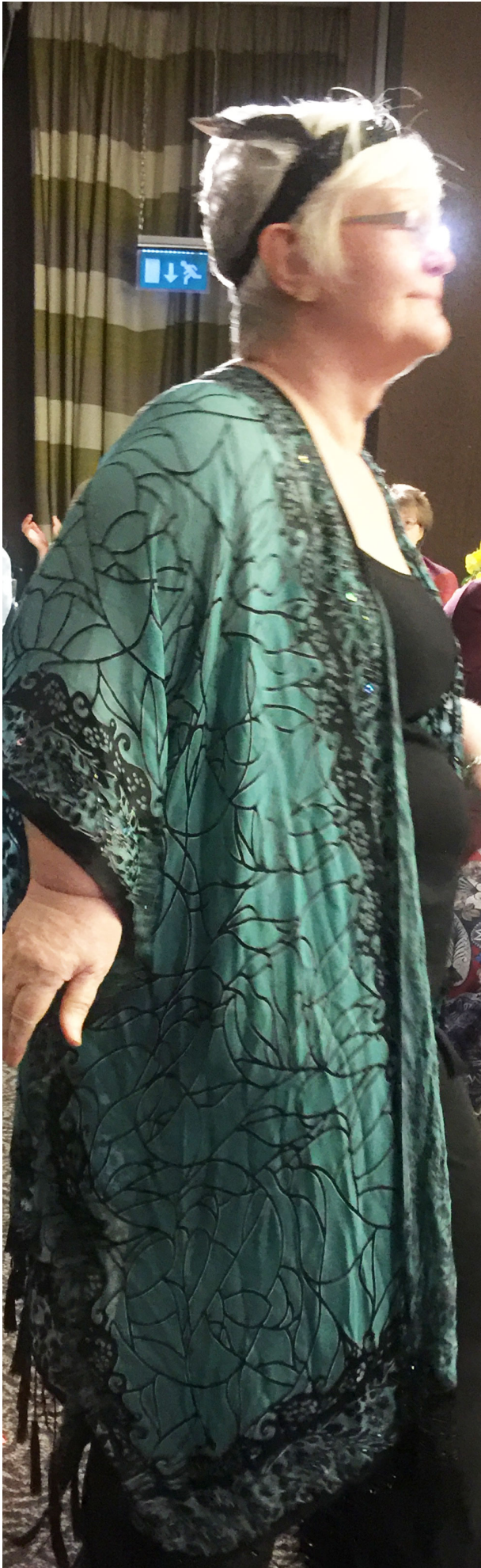




Patient Review of The Spring 2017 Conference – with thanks to



Carole & Leslie Allman



“It was great to be at the Talk Lipoedema Conference again this year, not only to see the friends my husband and I had made at the last Conference, but to attend the helpful workshops and demonstrations taking place.

This year, I was delighted too to be involved in the Fashion Show - I really enjoyed my catwalk debut!

At the Conference, I particularly wanted to visit the PhysioPod stand. My Lipo-Lymphoedema is extremely painful, not only because of the Lipoedema but due to severe osteoarthritis mainly in my knees, ankles, hands and wrists.

Recently my pain medication was increased when sleep became impossible and my knees, which tend to slip about in the loose joints during the night, worsened and were painfully locked upon waking. I really wanted to find something that was drug free and might hopefully result in my pain medication being lowered.

During private MLD treatment I had been given Deep Oscillation therapy and I became keen to obtain more information about this.

After a demonstration on a painful area of my thumb and arm we were so impressed at the result we decided to purchase one immediately.

We have had the machine for two weeks now and after a slow start due to our misunderstanding of the very comprehensive instructions, we are now using it daily. The after care is outstanding, as Mary and Julie are only a phone call away for assistance. The unit is ultra sleek in appearance, about the size of a small cd player with one simple 'click and turn' control. The unit comes with all attachments and accessories and all of this is contained in a smart waterproof canvas holdall and a smaller 'travel' bag is also available.

My husband finds it extremely simple and satisfying to be able to administer this soothing and relaxing treatment to me. He tells me that, as the 'operator', the sensation in his hand is a bit like holding a gentle electric shaver. All I feel are occasional mild vibrations, which are dependent on the setting used. The whole thing is very calming and restful and it can become quite hard to stay awake. We are both delighted to have found a positive, non-invasive method to help alleviate, the painful aspect of daily living with Lipoedema and arthritis."

PhysioPod wish Carole and Leslie all the very best and enjoyed meeting them and learning about their very interesting business:

<https://www.voicesfromvictorianlondon.com/about-us>



Voices from Victorian London' are a small Living History society based in Gillingham, Kent portraying the extreme poor of Dickensian London during the 1840's. They are focusing on the Kent/Sussex/Surrey regions of England, which offer many client opportunities due to Charles Dickens association with the area, locations that can be reached daily without the necessity for hotel accommodation. Leslie started his association with living history in 1998 and Carole became involved a few years ago when they became part of 'The Seven Dials Rapsallions'.